

## The Great Thanksgiving

*The people remain standing.*

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Lift up your hearts.

*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God.

*People* **It is meet and right so to do.**

*The Celebrant continues:*

It is very meet, right, and our bounden duty, ... evermore praising thee, and saying:

Prayer Book, p. 333

## Sanctus and Benedictus *(sung by all)*

*John Merbecke (1510?-1585?)*

Ho - ly, ho - ly, ho - ly, Lord God of Hosts:  
 Heaven and earth are full of thy glo - ry. Glo - ry be  
 to thee, O Lord Most High. Bless - ed is he that com - eth  
 in the name of the Lord. Ho - san - na in the high - est.

*All may kneel.*

*Celebrant* All glory be to thee, Almighty God, our heavenly Father, ... all honor and glory be unto thee, O Father Almighty, world without end.

*People* **Amen.**

## The Lord's Prayer

*Celebrant* And now, as our Savior Christ has taught us, we are bold to say,

*All* **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## The Breaking of the Bread

*A period of silence is kept.*

## Agnus Dei *(sung by all)*

*John Merbecke*

O Lamb of God, that ta - kest a - way the  
 sins of the world, have mer - cy up - on us.  
 O Lamb of God, that ta - kest a - way the  
 sins of the world, have mer - cy up - on us.

O Lamb of God, that ta - kest a - way the  
 sins of the world, grant us thy peace.

## The Prayer of Humble Access *(said by all)*

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

## The Communion of the People

*All who seek God, and are drawn to Christ, are welcome at his table.*

## At the Communion, Anthem

*J. S. Bach, arr. Doreen Rao*

Bist du bei mir, geh' ich mit Freuden zum Sterben und zu meiner Ruh'. Ach, wie vergnügt wär' so mein Ende, es drückten deine lieber Hände mir die getreuen Augen zu!

*If you are near I will be joyful to greet my rest with peacefulness. Ah, sweetest joy here at my ending, with loving hands now close mine eyes.*

Heavenly Rest Choristers

## Anthem

*Samuel Sebastian Wesley (1810-1876)*

O Lord my God, hear thou the prayer thy servant prayeth, have thou respect unto his prayer,. Hear thou in heaven thy dwelling place, and when thou hearest, Lord, forgive.  
I Kings 8

## Hymn 685

Rock of ages, cleft for me

TOPLADY

*All may kneel.*

## Post-Communion Prayer

*Priest and People*

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## The Blessing

*All may stand.*

## Hymn 688 (cc)

A mighty fortress is our God

EIN FESTE BURG

## Dismissal

*Deacon* Go in peace to love and serve the Lord.

*People* **Thanks be to God.**

## Postlude

Ein feste Burg ist unser Gott, BWV 720 *J. S. Bach (1685-1750)*

(cc) indicates congregational choice hymn.

## THE EPISCOPAL CHURCH OF THE HEAVENLY REST

2 East 90th Street, New York, NY 10128 telephone: 212.289.3400  
Email: info@heavenlyrest.org Web site: www.heavenlyrest.org

# Church of the Heavenly Rest

Fifth Avenue at 90<sup>th</sup> Street in the City of New York

March 7, 2010

10:30 am

## The Third Sunday in Lent

### Holy Eucharist



*Children are welcome in all of our services. But if they wish, they are invited to line up for the procession at the back of the church just before 10:30 (look for the child's cross), or they can join the other children in procession as they are passing by your pew. They are led to the Children's Chapel for a simple service with child-friendly teaching. The children then return to their families in the church at the Peace where you can participate in the rest of the service together.*

## The Word of God

### Prelude

Master Tallis's Testament

*Herbert Howells*

(1892-1983)

*All may stand.*

### Hymn 665 (cc)

All my hope on God is founded

MICHAEL

*Priest*

Bless the Lord who forgiveth all our sins.

*People*

**God's mercy endureth forever. Amen.**

*Priest*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.

*People*

**Amen.**

*Priest*

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

## Kyrie eleison *(sung by all)*

*John Merbecke (c.1505-c.1585)*

Lord, have mer - cy up - on us, Lord, have mer -  
 cy up - on us. Lord, have mer - cy up - on us.  
 Christ, have mer - cy up - on us. Christ, have mer - cy up - on us.  
 Christ, have mer - cy up - on us. Lord, have mer - cy up - on us.  
 Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

## The Collect of the Day

*Priest* The Lord be with you.

*People* **And with thy spirit.**

*Priest* Let us pray.

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever.

*People* **Amen.**

*All may sit.*

## The First Lesson – Exodus 3:1-15

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, “I must turn aside and look at this great sight, and see why the bush is not burned up.” When the LORD saw that he had turned aside to see, God called to him out of the bush, “Moses, Moses!” And he said, “Here I am.” Then he said, “Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground.” He said further, “I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.” And Moses hid his face, for he was afraid to look at God. Then the LORD said, “I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.” But Moses said to God, “Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?” He said, “I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.” But Moses said to God, “If I come to the Israelites and say to them, ‘The God of your ancestors has sent me to you,’ and they ask me, ‘What is his name?’ what shall I say to them?” God said to Moses, “I AM Who I AM.” He said further, “Thus you shall say to the Israelites, ‘I AM has sent me to you.’” God also said to Moses, “Thus you shall say to the Israelites, ‘The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you’: This is my name forever, and this my title for all generations.

*Lector* The Word of the Lord.

*People* **Thanks be to God.**

*(a moment of silence for reflection)*

## Psalm 63:1-8 *(sung by the Choir)*

*Plainsong, Tone II.1*

O God, you are my God; eagerly I seek you;  
my soul thirsts for you, my flesh faints for you,  
as in a barren and dry land where there is no water.  
Therefore I have gazed upon you in your holy place,  
that I might behold your power and your glory.  
For your loving-kindness is better than life itself;  
my lips shall give you praise.  
So will I bless you as long as I live  
and lift up my hands in your Name.  
My soul is content, as with marrow and fatness,  
and my mouth praises you with joyful lips,  
When I remember you upon my bed,  
and meditate on you in the night watches.  
For you have been my helper,  
and under the shadow of your wings I will rejoice.  
My soul clings to you;  
your right hand holds me fast.

## The Second Lesson – 1 Corinthians 10:1-13

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness. Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, “The people sat down to eat and drink, and they rose up to play.” We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

*Lector* The Word of the Lord.

*People* **Thanks be to God.**

*(a moment of silence for reflection)*

*All may stand.*

**Sequence Hymn 641** Lord Jesus, think on me SOUTHWELL

## The Gospel – Luke 13:1-9

*Gospeler* The Holy Gospel of our Lord Jesus Christ, according to Luke.

*People* **Glory be to thee, O Lord.**

There were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, “Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them--do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did.” Then he told this parable: “A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, ‘See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?’ He replied, ‘Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.’”

*Gospeler* The Gospel of the Lord.

*People* **Praise be to thee, Lord Christ.**

*All may sit.*

## The Sermon

The Rt. Rev. Mdimi Mhogolo

*All may stand.*

**The Nicene Creed** *(said by all)*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## The Prayers of the People

Prayer Book, p. 328

*Deacon* Let us pray for the whole state of Christ’s Church and the world.

*All may kneel.*

*Intercessor* Almighty and everliving God, who in thy holy Word hast taught us to make prayers ... our only Mediator and Advocate.

*People* **Amen.**

## Confession of Sin and Absolution

*Priest* Let us humbly confess our sins unto Almighty God.

*All may kneel.*

*All* **Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.**

*Priest* The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit.

*People* **Amen.**

## The Comfortable Words

*All may stand.*

## The Peace

*Priest* The peace of the Lord be always with you.

*People* **And with thy spirit.**

*Then the Ministers and People may greet one another in the name of the Lord.*

*The children return from Children’s Chapel at this time.*

## Announcements

## The Holy Communion

### At the Offertory, Anthem

*Spiritual, arr. James Backmon*

Jesus is a rock in a weary land, a weary land, a weary land;

My Jesus is a rock in a weary land, a shelter in the time of storm:

No one can do like Jesus, not a mumbling word he said;  
He went walking down to Lazarus’ grave, and he raised him from the dead.

When Jesus was on earth, the flesh was very weak:  
He took a towel and girded himself and he washed his disciples’ feet.

New Amsterdam Boys and Girls Choir; James Backmon, director

### Anthem

*Traditional, arr. Backmon*

Wade in the water children, God’s gonna trouble the water.  
See that band all dressed in white, the leader looks like an Israelite.  
See that band all dressed in red, looks like the band that Moses led.

New Amsterdam Boys and Girls Choir with the Heavenly Rest Choristers

### At the Presentation *(sung by all, standing)*

NOVA VITA



