

All remain standing.

The Great Thanksgiving

Prayer Book, p. 367

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. ... Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus and Benedictus

Sung by all

New Plainsong

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
 hea - ven and earth are full of your glo - ry. Ho - san - na
 in the high - est. Bless - ed is he who comes in the
 name of the Lord. Ho - san - na in the high - est.

All may stand or kneel.

Celebrant We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. ... Therefore, according to his command, O Father,

People **We remember his death, we proclaim his resurrection, we await his coming in glory;**

Celebrant And we offer our sacrifice of praise and thanksgiving ... all honor and glory is yours, Almighty Father, now and for ever.

People **Amen.**

The Lord's Prayer

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

All **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.**

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Fraction Anthem

Sung by all

New Plainsong

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
 Christ our Pass - o - ver is sac - ri - ficed for us;
 there - fore let us keep the feast. Al - le -
 lu - ia, al - le - lu - ia, al - le - lu - ia.

The Communion of the People

All who seek God, and are drawn to Christ, are welcome at his table.

At the Communion,

Anthem

William L. Dawson (1899–1990)

There is a balm in Gilead to make the wounded whole;
 There is a balm in Gilead to heal the sin-sick soul.
 Sometimes I feel discouraged, and think my work's in vain,
 But then the Holy Spirit revives my soul again.
 If you can't preach like Peter, if you can't pray like Paul,
 Just tell the love of Jesus, and say He died for all.

African-American Spiritual

Hymn 382 (cc)

King of glory, King of peace

GENERAL SEMINARY

All may stand or kneel.

Post-Communion Prayer

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

All may stand.

Hymn 371 (cc)

Thou, whose almighty word

MOSCOW

Dismissal

Deacon Go in peace to love and serve the Lord.

People **Thanks be to God.**

Postlude

"Allegro molto" from *Sonata VI*

Felix Mendelssohn

Prince Nyatanga, Organ Scholar

(cc) indicates congregational choice hymn.

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THE EPISCOPAL CHURCH OF THE HEAVENLY REST

2 East 90th Street, New York, New York 10128 Tel. 212.289.3400

Email: info@heavenlyrest.org Web site: ww.heavenlyrest.org

Church of the Heavenly Rest

Fifth Avenue at 90th Street in the City of New York

January 29, 2012

10:30 am

Epiphany IV Holy Eucharist



Children are welcome in all of our services. But if they wish, they are invited to line up for the procession at the back of the church just before 10:30 (look for the child's cross), or they can join the other children in procession as they are passing by your pew. They are led to the Children's Chapel for a simple service with child-friendly teaching. The children then return to their families in the church at the Peace where you can participate in the rest of the service together.

The Word of God

Prelude

Sonata in D Minor, Op. 65, No. 6
Chorale and Variations — Fuga — Finale

Felix Mendelssohn
(1809–1847)

Prince Nyatanga, Organ Scholar

All may stand for the procession.

Hymn 390 (cc)

Praise to the Lord, the Almighty

LOBE DEN HERREN

Salutation and Collect for Purity

Priest Blessed be God: Father, Son, and Holy Spirit

People **And blessed be God's kingdom, now and forever. Amen.**

Priest Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

People **Amen.**

Song of Praise

Sung by all

Ruth Cunningham

Pulpit side:

A - rise, shine, for your light has come, and the
 glo - ry of the Lord has dawned up - on you. A -

Lectern side:

A - rise, shine, for your light has come, and the
 glo - ry of the Lord has dawned up - on you. A -

The Collect of the Day

Priest The Lord be with you.

People **And also with you.**

Priest Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People **Amen.**

All may sit.

The First Lesson

Deuteronomy 18:15–20

Moses said, The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: “If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die.” Then the LORD replied to me: “They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak– that prophet shall die.”

Lector The Word of the Lord.

People **Thanks be to God.**

A moment of silence for reflection.

Psalm 111 *Sung by the Choir* *Anglican chant: Richard Massey* (1798–1883)

Hallelujah!

I will give thanks to the LORD with my whole heart,
in the assembly of the upright, in the congregation.

Great are the deeds of the LORD!

they are studied by all who delight in them.

His work is full of majesty and splendor,
and his righteousness endures for ever.

He makes his marvelous works to be remembered;
the LORD is gracious and full of compassion.

He gives food to those who fear him;

he is ever mindful of his covenant.

He has shown his people the power of his works
in giving them the lands of the nations.

The works of his hands are faithfulness and justice;
all his commandments are sure.

They stand fast for ever and ever,
because they are done in truth and equity.

He sent redemption to his people;
he commanded his covenant for ever;

holy and awesome is his Name.

The fear of the LORD is the beginning of wisdom;
those who act accordingly have a good understanding;
his praise endures for ever.

The Second Lesson

1 Corinthians 8:1–13

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many

gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Lector The Word of the Lord.

People **Thanks be to God.**

A moment of silence for reflection.

All may stand.

Sequence Hymn 567 (cc) Thine arm, O Lord ST. MATTHEW

The Gospel

Mark 1:21–28

Gospeler The Holy Gospel of our Lord Jesus Christ, according to Mark.

People **Glory to you, Lord Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching– with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

Gospeler The Gospel of the Lord.

People **Praise to you, Lord Christ.**

All may sit.

The Sermon

The Rev. Sandy McCann

All may stand.

The Nicene Creed *Said by all.*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Form IV, Prayer Book, p. 388

Deacon Let us pray for the Church and for the world.

All may kneel. The Intercessor begins

Grant, Almighty God, that all who confess your Name ...

After each petition, the Intercessor says:

Lord in your mercy.

People **Hear our prayer.**

Confession of Sin and Absolution

Priest Let us confess our sins against God and our neighbor.

All **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Priest Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People **Amen.**

All may stand.

The Peace

Priest The peace of the Lord be always with you.

People **And also with you.**

Then the ministers and people may greet one another in the name of the Lord.

The children return from Children’s Chapel at this time.

All may sit.

Announcements

The Holy Communion

At the Offertory, Anthem

David Hurd (b. 1950)

Teach me, O Lord, the way of your statutes; and I shall keep it to the end.

Give me understanding and I shall keep your law;

Make me go in the path of your commandments, for that is my desire.

Incline my heart to your decrees and not to unjust gain.

Turn my eyes from watching what is worthless; give me life in your ways.

Fulfill your promise to your servant which you make to all who fear you.

Behold, I long for your commandments; in your righteousness preserve my life.

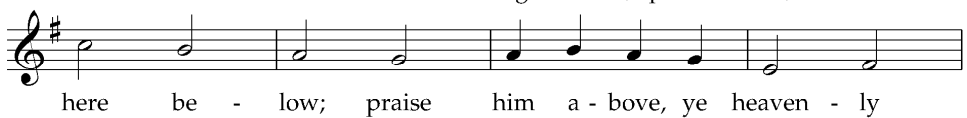
Psalm 119:33–38, 40

All may stand.

At the Presentation, Hymn 380, st. 3

OLD 100TH


Praise God from whom all bless- ings flow; praise him, all crea- tures


here be - low; praise him a - bove, ye heaven - ly


host: praise Fa - ther, Son, and Ho - ly Ghost.