

All remain standing.

### The Great Thanksgiving

Prayer Book, p. 367

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

*Celebrant* It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. ... Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

### Sanctus and Benedictus *Sung by all* *New Plainsong*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
 hea - ven and earth are full of your glo - ry. Ho - san - na  
 in the high - est. Bless - ed is he who comes in the  
 name of the Lord. Ho - san - na in the high - est.

All may stand or kneel.

*Celebrant* We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. ... Therefore, according to his command, O Father,

*People* **We remember his death, we proclaim his resurrection, we await his coming in glory;**

*Celebrant* And we offer our sacrifice of praise and thanksgiving ... all honor and glory is yours, Almighty Father, now and for ever.

*People* **Amen.**

*Celebrant* And now, as our Savior Christ has taught us, we are bold to say,  
*All* **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### Fraction Anthem *Sung by all* *New Plainsong*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.  
 Christ our Pass - o - ver is sac - ri - ficed for us;

there - fore let us keep the feast. Al - le -  
 lu - ia, al - le - lu - ia, al - le - lu - ia.

### The Communion of the People

*All who seek God, and are drawn to Christ, are welcome at his table.*

#### At the Communion, Anthem

*Houston, arr. Dent Davidson*

I want to walk as a child of the light. I want to follow Jesus.  
 God set the stars to give light to the world. The star of my life is Jesus.

*In Him there is no darkness at all, the night and the day are both alike.  
 The lamb is the light of the city of God. Shine in my heart, Lord Jesus.*

I want to see the brightness of God. I want to look at Jesus.  
 Clear sun of righteousness, shine on my path, and show me the way to the Father.

I'm looking for the coming of Christ I want to be with Jesus.  
 When we have run with patience the race, we shall know the joy of Jesus.

Tantum ergo Sacramentum venerationem cernui:  
 Et antiquum documentum novo cedat ritui:  
 Præstet fides supplementum sensuum defectui.

*Therefore we before Him bending, this great sacrament revere.*

*Types and shadows have their ending for the newer rite is here.*

*Faith our outward sense befriending, makes our inward vision clear.*

*Words: Kathleen Thomerson (b.1934); plainchant*

**Hymn 469 (cc)** There's a wideness in God's mercy **ST. HELENA**

*All may stand or kneel.*

#### Post-Communion Prayer *Celebrant and People*

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

#### The Blessing

*All may stand.*

**Hymn 473 (cc)** Lift high the cross **CRUCIFER**

#### Dismissal

*Deacon* Go in peace to love and serve the Lord.

*People* **Thanks be to God.**

#### Postlude

Fugue in G Major, BWV 541b *Johann Sebastian Bach*  
 Prince Nyatanga, Organ Scholar (1685-1750)

(cc) indicates congregational choice hymn.

**The Altar Flowers** are given to the glory of God and in loving memory of her mother, Elizabeth Wayne Plume, by the late Mrs. John A. Hance; and Josephine B. Mallace, by her husband.

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### THE EPISCOPAL CHURCH OF THE HEAVENLY REST

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# Church of the Heavenly Rest

Fifth Avenue at 90<sup>th</sup> Street in the City of New York

February 5, 2012

10:30 am

## Epiphany V Holy Eucharist



*Children are welcome in all of our services. But if they wish, they are invited to line up for the procession at the back of the church just before 10:30 (look for the child's cross), or they can join the other children in procession as they are passing by your pew. They are led to the Children's Chapel for a simple service with child-friendly teaching. The children then return to their families in the church at the Peace where you can participate in the rest of the service together.*

## The Word of God

**Prelude** *Air* *Gerre Hancock*  
(1934-2012)

*All may stand for the procession.*

**Hymn 427 (cc)** When morning gilds the skies **LAUDES DOMINI**

### Salutation and Collect for Purity

*Priest* Blessed be God: Father, Son, and Holy Spirit

*People* **And blessed be God's kingdom, now and forever. Amen.**

*Priest* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*People* **Amen.**

### Song of Praise *Sung by all* *Ruth Cunningham*

*Pulpit side:*

A - rise, shine, for your light has come, and the  
 glo - ry of the Lord has dawned up - on you. A -

*Lectern side:*

A - rise, shine, for your light has come, and the  
 glo - ry of the Lord has dawned up - on you. A -

## The Collect of the Day

*Priest* The Lord be with you.

*People* **And also with you.**

*Priest* Let us pray.
Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

*People* **Amen.**

*All may sit.*

### The First Lesson

Isaiah 40:21–31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, “My way is hidden from the Lord, and my right is disregarded by my God”? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

*Lector* The Word of the Lord.

*People* **Thanks be to God.**

*A moment of silence for reflection.*

#### Psalm 147:1-12

*Anglican chant: George Thalben-Ball*  
(1896–1987)

Hallelujah!

How good it is to sing praises to our God!

how pleasant it is to honor him with praise!

The LORD rebuilds Jerusalem;

he gathers the exiles of Israel.

He heals the brokenhearted and binds up their wounds.

He counts the number of the stars

and calls them all by their names.

Great is our Lord and mighty in power;

there is no limit to his wisdom.

The LORD lifts up the lowly,

but casts the wicked to the ground.

Sing to the LORD with thanksgiving;

make music to our God upon the harp.

He covers the heavens with clouds

and prepares rain for the earth;

He makes grass to grow upon the mountains

and green plants to serve mankind.

He provides food for flocks and herds

and for the young ravens when they cry.

He is not impressed by the might of a horse;

he has no pleasure in the strength of a man;

But the LORD has pleasure in those who fear him,

in those who await his gracious favor.

## The Second Lesson

1 Corinthians 9:16–23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God’s law but am under Christ’s law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

*Lector* The Word of the Lord.

*People* **Thanks be to God.**

*A moment of silence for reflection.*

*All may stand.*

### Sequence Hymn 493 (cc) O for a thousand tongues to sing

AZMON

## The Gospel

Mark 1:29–39

*Gospeler* The Holy Gospel of our Lord Jesus Christ, according to Mark.

*People* **Glory to you, Lord Christ.**

Jesus left the synagogue at Capernaum, and entered the house of Simon and Andrew, with James and John. Now Simon’s mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, “Everyone is searching for you.” He answered, “Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do.” And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

*Gospeler* The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

*All may sit.*

### The Sermon

The Rev. Thomas N. J. Synan

*All may stand.*

*The Nicene Creed* *Said by all.*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## The Prayers of the People

Form IV, Prayer Book, p. 388

*Deacon* Let us pray for the Church and for the world.

*All may kneel. The Intercessor begins*

Grant, Almighty God, that all who confess your Name ...

*After each petition, the Intercessor says:*

Lord in your mercy.

*People* **Hear our prayer.**

## Confession of Sin and Absolution

*Priest* Let us confess our sins against God and our neighbor.

*All* **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*Priest* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

*People* **Amen.**

*All may stand.*

### The Peace

*Priest* The peace of the Lord be always with you.

*People* **And also with you.**

*Then the ministers and people may greet one another in the name of the Lord. The children return from Children’s Chapel at this time.*

*All may sit.*

### Announcements

# The Holy Communion

## At the Offertory, Anthem

*César Franck*  
(1822–1890)

Panis angelicus fit panis hominum; dat panis caelicus figuris terminum: O res mirabilis! manducat Dominum Pauper, servus, et humilis.

*Bread of Angels, made the bread of men; the Bread of heaven puts an end to all symbols: A thing most wonderful! The Lord becomes our food: poor, a servant, and humble.*

*All may stand.*

## At the Presentation, Hymn 380, st. 3

OLD 100<sup>TH</sup>

*All* **Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise Father, Son, and Holy Ghost.**