

All may stand or kneel.

Celebrant Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you. On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.” As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.” Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.

People Amen.

The Lord’s Prayer

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

Fraction Anthem

Sung by all

David Hurd

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
Christ our Pass - o - ver is sac - ri - ficed for us;
there - fore let us keep the feast. Al - le -
lu - ia, al - le - lu - ia, al - le - lu - ia.

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Communion of the People

All who seek God, and are drawn to Jesus Christ, are welcome to receive the bread and wine at Christ’s table. Those who do not wish to receive may come forward for a blessing, indicated by crossing your arms over your chest.

Communion Anthem *(sung by the Choristers)*

Philip Wilby (b. 1949)

Refrain: *Make me a light to lighten the world, make me a star to lighten the darkness.*

Make me so bright with your living word, that I may shine with your love.

I hold a candle in my hands, Light which I hold and which I hold true,
Light of the world shine out in the dark, May it always remind me of You.
I hold a mirror in my hands, There what I am and what I may do,
Shines back to me in your glorious light, Make me a worthy reflection of you.
I hold a seed within my hands, Lend me your help to make it grow
Into the sweetest scented flower that it may lovelier flowers sow. (Refrain)

Communion Anthem *(sung by the Choir)* Prayer of St. Francis *Alan Pote* (b. 1945)

Lord make me an instrument of thy peace, Where there is hatred let me sow love.
Where there is injury, thy pardon, Lord, where there is doubt, let there be faith.
O Lord make me an instrument of thy peace. Where there’s despair let me bring hope.
Where there is darkness, let there be light. Where there is sadness, let there be joy.
O Divine Master grant that I may not so much seek to be consoled as to console;
to be understood as to understand; To be loved as to love. O Lord, make me an instrument of thy peace.
Where there is hatred, let me sow love. For it is in giving that we receive,
and it is in pardoning that we are pardoned. And it is in dying that we are born to eternal life. Amen.

All may stand.

Post-Communion Prayer *Celebrant and People*

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

Hymn 657 (cc) Love divine, all loves excelling HYFRYDOL

Dismissal

Priest Go in peace to love and serve the Lord.

People Thanks be to God.

Postlude

Intrada

Grayston Ives (b. 1948)

The altar flowers are given to the Glory of God and in loving memory of her mother, Elizabeth Wayne Plume, by the late Mrs. John A. Hance; and of Josephine B. Mallace by her husband.

(cc) indicates congregational choice hymn

Permissions: *Arise, shine*, words: Isaiah 60:1, music by Ruth Cunningham; from *Music by Heart*, © 2009 by Ruth Cunningham and Ana Hernández. *We give thee but thine own*, words by William Walsham How (1823–1927); music, *Nova Vita* by Lister R. Peace (1885–1969). “Sanctus and Benedictus” and “Christ our Passover” from *New Plainsong*, music by David Hurd (b. 1950). All music reprinted under OneLicense.net #A-716302.

Church of the Heavenly Rest

Fifth Avenue at 90th Street in the City and Diocese of New York

February 3, 2019 at 10:30 am

The Fourth Sunday after the Epiphany

Holy Eucharist



Children are welcome in all of our services. Children aged three and up are invited to attend Children’s Chapel during the 10:30 service by gathering in the back of church before the service begins. If you’d like to take advantage of our well-staffed and well-stocked Nursery, please see an Usher for directions. This is a safe and fun place for children up to three years of age. Parents who wish to worship with young children ages five and under are invited to our Pray & Play Space at the entrance to the Nave.

Prelude Andante Sostenuto from *Symphonie Gothique*, Op. 70

Charles-Marie Widor (1844-1937)

All may stand for the procession.

Hymn 518 (cc) Christ is made the sure foundation WESTMINSTER ABBEY

The Salutation and Collect for Purity

Priest Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God’s kingdom, now and for ever. Amen.**

Priest Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

People Amen.

Song of Praise

Sung by all

Ruth Cunningham

A - rise, shine, for your light has come, and the
glo - ry of the Lord has dawned up - on you.

The Collect of the Day

Priest The Lord be with you.

People **And also with you.**

Priest Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People Amen.

The Liturgy of the Word

All are seated.

The First Lesson

Isaiah 55:1-5

Ho, everyone who thirsts, come to the waters; and you that have no money, come, buy and eat! Come, buy wine and milk without money and without price. Why do you spend your money for that which is not bread, and your labor for that which does not satisfy? Listen carefully to me, and eat what is good, and delight yourselves in rich food. Incline your ear, and come to me; listen, so that you may live. I will make with you an everlasting covenant, my steadfast, sure love for David. See, I made him a witness to the peoples, a leader and commander for the peoples. See, you shall call nations that you do not know, and nations that do not know you shall run to you, because of the Lord your God, the Holy One of Israel, for he has glorified you.

Lector Hear what the Spirit is saying to the people.

People **Thanks be to God.**

Psalm 84 (*sung by the Choirs*)

BROTHER JAMES' AIR

(Text and Music: Hymnal 517, vs. 1,2 & 4)

The Second Lesson

1 Corinthians 12—*The Message*

God's various gifts are handed out everywhere; but they all originate in God's Spirit. God's various ministries are carried out everywhere; but they all originate in God's Spirit. God's various expressions of power are in action everywhere; but God himself is behind it all. Each person is given something to do that shows who God is: Everyone gets in on it, everyone benefits. All kinds of things are handed out by the Spirit, and to all kinds of people! The variety is wonderful: wise counsel; clear understanding; simple trust; healing the sick; miraculous acts; proclamation; distinguishing between spirits; tongues; interpretation of tongues. All these gifts have a common origin, but are handed out one by one by the one Spirit of God. We each used to independently call our own shots, but then we entered into a large and integrated life. Each of us is now a part of his resurrection body, refreshed and sustained at one fountain—his Spirit—where we all come to drink. The old labels we once used to identify ourselves are no longer useful. We need something larger, more comprehensive. I want you to think about how all this makes you more significant, not less. A body isn't just a single part blown up into something huge. It's all the different-but-similar parts arranged and functioning together. But I also want you to think about how this keeps your significance from getting blown up into self-importance. For no matter how significant you are, it is only because of what you are a part of. The way God designed our bodies is a model for understanding our lives together as a church: every part dependent on every other part, the parts we mention and the parts we don't, the parts we see and the parts we don't. If one part hurts, every other part is involved in the hurt, and in the healing. If one part flourishes, every other part enters into the exuberance. You are Christ's body—that's who you are! You must never forget this. Only as you accept your part of that body does your "part" mean anything. You're familiar with some of the parts that God has formed in his church, which is his "body": apostles; prophets; teachers; miracle workers; healers; helpers; organizers; those who pray in tongues. But now I want to lay out a far better way for you.

Lector Hear what the Spirit is saying to the people.

People **Thanks be to God.**

All may stand.

Hymn 513 (cc)

Like the murmur of the dove's song

BRIDEGROOM

The Gospel - John 1:35-51

Gospeler The Holy Gospel of our Lord Jesus Christ, according to John.

People **Glory to you, Lord Christ.**

The next day John again was standing with two of his disciples, and as he watched Jesus walk by, he exclaimed, "Look, here is the Lamb of God!" The two disciples heard him say this, and they followed Jesus. When Jesus turned and saw them following, he said to them, "What are you looking for?" They said to him, "Rabbi" (which translated means Teacher), "where are you staying?" He said to them, "Come and see." They came and saw where he was staying, and they remained with him that day. It was about four o'clock in the afternoon. One of the two who heard John speak and followed him was Andrew, Simon Peter's brother. He first found his brother Simon and said to him, "We have found the Messiah" (which is translated Anointed). He brought Simon to Jesus, who looked at him and said, "You are Simon son of John. You are to be called Cephas" (which is translated Peter). The next day Jesus decided to go to Galilee. He found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, "We have found him about whom Moses in the law and also the prophets wrote, Jesus son of Joseph from Nazareth." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." When Jesus saw Nathanael coming toward him, he said of him, "Here is truly an Israelite in whom there is no deceit!" Nathanael asked him, "Where did you get to know

me?" Jesus answered, "I saw you under the fig tree before Philip called you."

Nathanael replied, "Rabbi, you are the Son of God! You are the King of Israel!"

Jesus answered, "Do you believe because I told you that I saw you under the fig tree? You will see greater things than these." And he said to him, "Very truly, I tell you, you will see heaven opened and the angels of God ascending and descending upon the Son of Man."

Gospeler The Gospel of the Lord.

People **Praise to you, Lord Christ.**

All are seated.

The Sermon

The Rev. Matthew Heyd

The Nicene Creed *Said by all*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

The congregation is encouraged to add their prayers during each of the silences.

Priest God of heaven and earth, we offer our prayers to you – the one who dwells among us, our light in the darkness – offering us hope for a new way of love for the Church and the world. *Silence.*

Intercessor Guide and inspire all those in positions of authority to make wise decisions for the good of the whole creation — this community, the nation, and all the nations of the world. *Silence.*

After each petition, the Intercessor says:

Lord, in your mercy,

People **Hear our prayer.**

Celebrant Source of light and gladness, As we rejoice in the gift of your presence among us, let your love always shine in our hearts, and your praises ever be on our lips, that we may we grow in Jesus Christ who unites our lives to yours, and who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

Confession of Sin and Absolution

Priest Let us confess our sins against God and our neighbor.

All **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People **Amen.**

All may stand.

The Peace

Celebrant The peace of the Lord be always with you.

People **And also with you.**

The people greet one another with a sign of God's peace.

All are seated.

Announcements

The Holy Communion

At the Offertory, Anthem

Stephen Sturk (b. 1950)

The Lord is my light and my salvation; whom then shall I fear? The Lord is the strength of my life; of whom then shall I be afraid? One thing have I asked of the Lord; one thing I seek; that I may dwell in the house of the Lord all the days of my life; to behold the fair beauty of the Lord and to seek him in his temple. Therefore I will offer in his dwelling an oblation with sounds of great gladness; I will sing and make music to the Lord.

Lydia Saylor, soprano

Words: Psalm 27:1-6

All stand and sing.

At the Presentation, Hymn

NOVA VITA

We give thee but thine own, What-e'er the gift may be:
All that we have is thine a-lone, A trust, O Lord, from thee.

The Great Thanksgiving

Prayer 2, *Enriching Our Worship*

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Celebrant We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

Sanctus and Benedictus

Sung by all

David Hurd (b. 1950)

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
hea - ven and earth are full of your glo - ry. Ho - san - na
in the high - est. Bless - ed is he who comes in the
name of the Lord. Ho - san - na in the high - est.