

Welcome!

We're so glad you're here. Church of the Heavenly Rest is a spiritual home where everyone can experience God's love in the ways that we care for one another. Together, as a community, we share our gifts and build bridges to our neighbors. We are a parish committed to discipleship and reconciliation. Please introduce yourself to the clergy after the service; we would love to meet you.

The Service Today

The order of service can be found in the leaflet; page numbers refer to the Book of Common Prayer and the hymnal found in the pews. All are welcome to receive Holy Communion here. We believe that it is God's table, that God sets it for anyone who is hungry: here, God never turns anyone away. If you'd rather come forward for a blessing, please indicate that by crossing your arms over your chest.

Today at Heavenly Rest

Sunday Forum | Summer TED Talks

Throughout the summer, we are focusing our Sunday Forums on listening to the stories and wisdom of our parishioners. This week, Mary Rothwell Davis, an attorney who has practiced in New York City for 35 years with the Legal Aid Society and Sanctuary for Families, and as the Court Attorney for the first Integrated Domestic Violence Court, will discuss her most recent work representing asylees fleeing political persecution - **9:35am in the Gray Room.**

Questioning Faith | Sandwich and Scripture

We invite anyone who'd like to discuss and reflect on the lectionary readings and the homily for the day to meet **by the security desk after the 10:30am service.** Bring a sandwich or purchase one from the church for \$5. If the weather is nice, we eat in the park. If it's not, we head down to the Green Room together.

Children's Chapel

Children ages three through nine are welcome to join us for sacred stories and art - **during the 10:30am service.**

Coffee Hour

Come meet other members of Heavenly Rest for conversation and coffee - **immediately following the 10:30am service.**

The World's Greatest Coffee Hour resumes **September 22.** We've switched things up and now need only five people each week to bring some bite-sized food to share - find the signups on the homepage of our website.

Night Prayer

Using chant, prayer, and meditation by candlelight, our Night Prayer bridges Sunday night and the beginning of the week - **7pm in the Chapel.**

OUR CLERGY want to hear from YOU!

The Rev. Matthew Heyd, Rector mheyd@heavenlyrest.org

The Rev. Cynthia Stravers, Associate Rector cstravers@heavenlyrest.org

The Rev. Anne Marie Witchger, Assistant Rector amwitchger@heavenlyrest.org

Church Office [212-289-3400](tel:212-289-3400) / info@heavenlyrest.org

Weekly Services

SUNDAYS

8am, 9am, 10:30am & 7pm

MONDAYS Meditation - 6:15pm

WEDNESDAYS Noon & 6:30pm

SATURDAYS Noon

WEEKDAYS Morning Prayer - 8am

DAILY

Open daily for prayer & meditation
7:30am - 7:30pm, and for Noonday Prayers



Church of the Heavenly Rest



heavenlyrestnyc

COMING UP

PARISH LIFE

BACK-TO-SCHOOL BLESSING & COMMUNITY COOKOUT

Next Sunday, September 15, we'll begin the program year with a special blessing for kids, students of all ages, and educators during the 10:30am service. Join us after the service for a cookout potluck on 90th Street (rain location: Darlington Hall). We'll have food, arts, music, and lots of opportunities to reconnect and get to know new people. Bring your favorite dessert to share and invite your friends!

Vocal Recital: Andrea Reichenbach, Soprano

Andrea Reichenbach, will perform a vocal recital next Sunday, September 15 at 3pm with pianist David Holkeboer.

Jazz Vespers returns

Join us September 22 at 5pm in the Church as we celebrate our way into the week with improvisation, fun, and jazz!

Lindsey Briggs' Ordination

Lindsey Briggs, our former Chief of Staff, will be ordained to the priesthood on Saturday, September 14 at 10:30am at the Cathedral of St. John the Divine. All are invited to the service and a reception hosted by St. Mary's Church in Harlem. Please RSVP to Lindsey at Lindsey.briggs@vnsny.org.

OUTREACH

Circle of Support's Raising My Voice Returns This Fall

Raising My Voice, a public speaking/storytelling program for formerly incarcerated people, begins tomorrow, September 9 and continues for 10 weeks. Email Caitlin at outreach@heavenlyrest.org to get involved with hospitality support.

Fortune Castle Visits

The Fortune Society's "Castle" is a residence for those returning from prison. Residents have a community meeting on Thursdays, and we've been invited once a month to listen and learn. Email outreach@heavenlyrest.org for more info.

CHILDREN AND FAMILIES

Children and Family Ministries Registration is Open

Register for the programs below on the Youth page of our website. Questions? Email lbreidenthal@heavenlyrest.org.

Child Care: Sacred Music & Movement for ages 0-2: a drop-off program will be available Sundays from 10:15-11:45am. We'll explore music and stories rooted in the Christian tradition.

Youth in Action for Third Grade and up: Sundays at 9:30am and Noon, youth join in service-learning based on our faith.

Godly Play Children's Chapel for children ages 3-9: age-differentiated Godly Play during the 10:30am service on Sundays. Children ages 3-5 will gather in the Godly Play room, and children ages 6-9 will gather in the Chapel.

After School Music & Sacred Art Program for Ages 3-Grade 3

Join us Mondays from 3:30-5:15pm beginning September 23 for art and music training. Free play and homework time will be from 3:30-4pm; from 4-5:15pm, children will meet for music and movement, snack, and an art program. We'll close with chapel time with parents and caregivers. Sign up by emailing mnichols@heavenlyrest.org or lbreidenthal@heavenlyrest.org

Join our Heavenly Rest Choristers: Grade 4 - High School

Choristers meet Tuesdays after school for singing and fellowship beginning September 10. Email Mollie at mnichols@heavenlyrest.org to sign up.

Thinking about Baptism?

We'll celebrate the Sacrament of Holy Baptism on September 29 and November 3 at the 10:30 services. If you're interested in being baptized or presenting a child for baptism, contact Cindy at cstravers@heavenlyrest.org.

Thrift & Treasures Fall Sale

Come shop the Fall Thrift sale - New York's best-kept secret. Saturday, September 28, from 10am-4pm. Do we have to say more? Ask anyone; you don't want to miss our Thrift sale!

Our Prayers

We have been asked to pray for these people: Art, Jim and Rosalee, Sofie, Angelica, Mary Elizabeth, Stacey, Nathan, Eric, Augustino, Kevin, Jennifer, Francis, Nancy, Tess and her family, Norbert, Susan, Brian, Alice, Kevin and Yvette, Viola, Beryl, Tom, Marian, the victims of natural disaster and human violence - remembering especially those affected by hurricane Dorian and those in need at our border.

Rest of the Souls: Suzanne Wiedel-Pace, Chuck Klein, John Curry

If you or a member of your family is in need of pastoral care or would like to request prayers or a visit from one of our clergy, call the church office at 212-289-3400.

New Undercroft Exhibition

Unity of Spirit, Photographs of Cuba: by Dede Pickering

is open in the Undercroft for viewing today! Dede's photographs move seamlessly between the past and present of Cuba's turbulent history, making visible the grace and spirit that is alive on the streets of Cuba. At a special reception on Thursday, October 17, we will be joined by The Rt. Rev. Griselda Delgado del Carpio, Bishop of Cuba.

WARDENS & VESTRY

Wardens: Caroline Williamson, Evan Davis | Treasurer: Douglas McIntyre

Vestry: Lucy Appert, PJ Camp, Ann Collins, Lindsey Counts, Sally Cummins, Ted Donovan, Josh Doyle, Karen Holmberg, Adam MacDonald, Suzanne Matthews, Robin Pelkki, Rikki Tahta, Allyson Tang, Gail Zimmermann